Helen Davis

Governance Advisory Specialist

Short Profile

Helen is a dynamic and adaptable executive with a reputation for professional integrity and championing others. Her 30-year career spans private legal practice and financial services, with multi-disciplinary expertise across law, risk and audit, governance, strategy, HR, shared services, and project management. Helen is privileged to have served on Boards, Committees and Executive Leadership teams of several prominent Australian organisations.

Her practical, collaborative style and infectious energy ensure the delivery of organisational outcomes that are impactful and trusted. She inspires people with a clear sense of purpose and the belief that everyone can make a difference. Helen thrives on solving complex problems and genuinely values new ideas and diverse perspectives.

Qualifications

Graduate, Company Directors Course, Australian Institute of Company Directors, 2026

Master of Business Administration - HR and Project Management Majors, University of New England, 2006

Bachelor of Laws, Queensland University of Technology, 1995

Current Positions

- Governance Advisory Specialist at Board Matters Pty Ltd, since 2026
- Non-Executive Director, Elston Giving Foundation Ltd, since 2025
- Nominations & People Board Sub-Committee Member, Netball Queensland, since 2025.

Relevant Experience

- Programme Director, Group Legal & Governance, Auto & General (February 2025–December 2025)
- Executive General Manager Internal Audit, Suncorp Group (2020-2024)
- Executive General Manager Advice & Services, People Experience, Suncorp Group (2014-2020)
- Executive General Manager Bank HR, Suncorp Group (2008–2014)
- Partner - Employment and Industrial Relations, McCullough Robertson (2004–2008)
- Lawyer – Employment and Industrial Relations, McCullough Robertson (1999–2004)

Consulting Focus

As a consultant, Helen is available to a range of for-profit and not-for-profit and government organisations and uses her extensive executive leadership, legal, regulatory and governance advisory experience to deliver astute, practical and accessible services for organisations in the following areas:

- Preparation and presentation of board performance evaluations and assessments including facilitating discussions from board performance evaluations;
- Preparation and presentation of facilitated strategy planning workshops;
- Documentation such as constitutions, by-laws, and policies for a full assessment of adequacy, in order to provide clients with advice in the context of the organisation's environment;
- Development of governance policy and processes and drafting governance documentation;
- Trouble shooting for organisations in crisis;
- Interim executive support in the areas of human resources, risk and internal audit;

- Organisational restructuring aligned to strategic objectives; and
- Leadership and executive coaching.

Board and Committee Experience

- Non-Executive Director, Quest Oracle Community (2018-2021)
- Suncorp Legal Pty Ltd (2017–2020)
- Australian Associated Motor Insurers (AAMI) Pty Limited (2017–2020)
- Shannons Auctions Limited (2016–2020)
- GIO Australia Pty Limited (2011–2020)
- Employer representative, SIS Super Pty Ltd (2011–2015)
- Lifeline Brisbane Board (1998–2000)

Other Memberships, Appointments and Sponsorships

- Member Australian Institute of Company Directors (2020-to date)
- Member Australian Institute of Internal Auditors and the Chief Audit Executive Forum (2020- 2025)
- Multicultural Australia – volunteer mentor and advocate through Suncorp partnership (2020-2024)
- Servus - Suncorp Employee Resource Group representing Veterans, Defence Families and First Responders and Suncorp Executive sponsor of the RSL Qld Veterans' Employment Program (2019-2024)
- Amplify – Suncorp Employee Resource Group representing the LGBTIQ+ Community (2015–2024)
- Member Australian Human Resources Institute (2009-2020)
- Member of Australian Institute of Management (2014-2017)
- Member Industrial Relations Society of Queensland (1999-2008)
- Member Queensland Law Society (1996-2008)
- Voluntary Advisor Arts Law Centre Queensland (1995–2006)